

12 Months of Preparedness

Being *Prepared* can be a difficult and daunting task. It can be expensive and is fairly unique for everyone's situation. Over the next year, this column will break down some of the basic steps of preparedness that hopefully will give you some good ideas on how to apply these concepts to your situation and help you be prepared for any disasters we may face. We will start with some basics, then add to it as the months progress.

The 12 monthly topics will be:

Month 1: Be Informed/Make a Plan

Month 2: Basic Supplies

Month 3: Light

Month 4: First Aid

Month 5: Water

Month 6: Shelter

Month 7: Food

Month 8: Communication

Month 9: Useful Training

Month 10: Community Involvement

Month 11: Shutting off Gas and Water

Month 12: Review and Practice