Preparedness Tip of the Month - How to Make an Evacuation Kit: Get a sports bag and keep a change of clothes, extra shoes, personal hygiene items, at least a week of your medications, money, critical documents such as your bank account numbers, important phone numbers and identification and whatever else you would want should you need to evacuate your home in a hurry from fire or disaster. You should rotate the medications and whatever other items you want to in order to keep them fresh.