

April 2018 EMERGENCY TIP OF THE MONTH

WHAT WILL YOU TAKE WITH YOU? AND WHERE IS IT?

Imagine there is a huge fire and blowing winds in our neighborhood and the county is insisting we are to be evacuated to a safe building. Or imagine that there has been a serious earthquake and our residents have consumed their food supplies and clean water and that we are being transported to where we can obtain these essential items. We all have approximately 15 minutes to be ready to go.

WHAT WILL YOU TAKE WITH YOU?

Each person has different requirements but almost all need

- a copy of important documents, such as Medicare, insurance cards, driver's license, social security number, name of doctor and dentist, etc.
- cash
- medications and hygiene items, such as toothbrush, soap
- change of clothing, extra eyewear
- flashlight and cell phone charger
- drinking water

You may also want some snacks, water, a wind-up radio (also can be used to charge your cell phone). And depending on the weather, you may need blankets, warm socks, extra layers.

Sit for a while and think of what you use every day and are dependent upon. Make a list.

WHERE IS IT?

Where are all of these items you will need? Are these things located all over your house? If so, it is time to make a Go-Kit to keep in your car or under your bed, or both. Then when you get the evacuation notice, you can calmly get ready to leave, knowing your essential belongs are all assembled and ready to go.