

Presents

## Basic First Aid/CPR/AED

**FREE** 2 hour class

Designed for Stoneybrook Village residents

Saturday, **November 14<sup>th</sup>** at the clubhouse

Choose either 10 am – 12 pm or 2 – 4 pm



### *Would you know what to do?*

This practical course taught by Carol Smedberg, a certified American Red Cross instructor, will focus on skills useful to our residents, including dealing with:

- 911 calls
- Basic household first aid – choking, falls, cuts, burns, etc.
- Newest CPR recommendations
- How to use an AED (automatic external defibrillator)
- Brief overview of disaster first aid

***Sign up now! Pre-registration required by Nov. 8<sup>th</sup> or until full.***

Reserve your spot by calling Jane at 541-231-9892 or email [jflei@lifetime.oregonstate.edu](mailto:jflei@lifetime.oregonstate.edu)  
Don't forget to specify either the morning or afternoon class. Don't miss out, call today!



An optional reference guide, Disaster First Aid: What To Do When 911 Can't Come will be available for ordering or purchase at \$8.67 each.